

Australian POTS Foundation

Annual Report

2025 - 2026

REGISTERED CHARITY
acnc.gov.au/charityregister



More than 800,000 Australians live with POTS. These practitioners are leading the way in POTS management

Winners - 2026 Excellence in Care Awards

Multidisciplinary Team - Integral Healthcare

Physician of the Year - Dr Louise Smart

Allied Health & Nursing Champion - Jennifer Smallridge

Our Impact 2025 -26

19K
Health professionals educated through live events

500K
Website visits

600K
Social media views

45K
Visitors to “POTS for Practitioners” page

$120K
Distributed to Australian POTS Research

$58K
Invested in POTS community support

150K
Visitors to “Living with POTS” page

20
Community health pathways published

85K
People visited our Clinician Directory

9.2K
Webinar views

31K
Newsletters sent

18
Meetings held with federal & state politicians

Our Vision

Equitable access to timely diagnosis, treatment and support for all Australians living with Postural Orthostatic Tachycardia Syndrome

Our Mission



Advance Research through Lived Experience

We believe in ensuring community voices inform studies that improve understanding, diagnosis and treatment of POTS.



Ensure Equitable Access to Care

We believe in driving health policy reform to achieve timely diagnosis, treatment and support for all people with POTS.



Educate and Empower Through Evidence

We believe in translating research into best practice education and developing community informed resources for those with lived experience and clinicians.



Strengthen Community and Support Networks

We believe in building an inclusive, connected community that empowers people with POTS, their families and the professionals who support them.

What is POTS?

Postural orthostatic tachycardia syndrome (POTS) is a complex condition affecting the part of the nervous system that manages the body's automatic functions, including heart rate and blood pressure, digestion, temperature control and sleep.

When this system is not working properly, the effects can be wide-ranging. Symptoms may include extreme fatigue, brain fog, a racing heart, dizziness, headaches, digestive problems and weakness. A key feature is that the body struggles to adjust its circulation when upright, which can make symptoms significantly worse.

POTS can affect anyone, but around 9 in 10 people diagnosed are girls and women, and it often begins during adolescence or early adulthood.

More than 800,000 Australians are estimated to be living with POTS. For some, symptoms are manageable; for others, the condition affects almost every aspect of life. Around 58% have had to stop work or education because of their illness, often during the years when people are establishing careers, completing their education and raising families.

Despite this, Australians wait around seven years for a diagnosis. This may partly reflect how little POTS has traditionally been taught, with only around 2% of Australian GPs reporting adequate education about the condition during medical school.

For hundreds of thousands of Australians, earlier recognition and better access to care could make a significant difference to their health, independence and future.



Snapshot of the year

Welcome to our 2025–26 Annual Report. It's been a busy year for the Australian POTS Foundation, with some of the work of the past few years really starting to take hold. Here are a few of the highlights.

- The Foundation celebrated five years, giving us a chance to reflect on how far we've come and thank the community that has supported us along the way.
- Through our education programs and partnerships, our small volunteer team helped deliver POTS education to over 19,000 clinicians, supporting them to recognise, diagnose and manage the condition.
- We partnered with The Hospital Research Foundation Group and Adelaide University to establish the ANZ-PULSE National POTS Registry, with $300,000 in funding over three years from The Hospital Research Foundation Group.
- Our POTS Community HealthPathway is now available across 20 regions, covering 13 Primary Health Networks, six states and territories, and New Zealand, helping more GPs access practical guidance on POTS care.
- We welcomed 567 delegates to Converge 2026, where people with POTS, families, clinicians and researchers came together for two days of learning, sharing and connection.
- We continued to speak with government about the changes needed in POTS care, including taking part in Ministerial Roundtables on Women's Cardiovascular Health.
- Our CEO, Dr Marie-Claire Seeley, completed a Churchill Fellowship, visiting international centres to learn about their approaches to autonomic care, education and research. Her recommendations were presented to the Australian Government.



Dr Marie-Claire Seeley

Message from the Chair

This year marks an important milestone for the Australian POTS Foundation as we celebrate our fifth anniversary. It provides an opportunity not only to reflect on how far the Foundation has come in a remarkably short time, but also to recognise the people, partnerships and community that have made that progress possible.

Over five years, the Foundation has grown from an organisation established to address a significant gap in advocacy and support into an increasingly recognised national voice for people living with POTS. Our work now spans research, education, advocacy and community support, and our reach and influence continue to grow.

As a Board, our role has been to support this growth while ensuring that the Foundation maintains strong governance, clear strategic direction and appropriate oversight. I would like to acknowledge my fellow Directors for the skills, commitment and personal contribution they bring to this role. As the scope and complexity of the Foundation's work increases, this stewardship is more important than ever.

We are particularly encouraged by the Foundation's increasing engagement with government and policymakers, researchers and healthcare professionals. Through these relationships, we are building greater recognition of POTS, contributing to research and clinical education, and advocating for changes that can improve diagnosis, treatment and care across Australia.

Importantly, lived experience remains at the heart of the Foundation. It was fundamental to our establishment five years ago and continues to inform our priorities, advocacy and decision-making today. As we grow, retaining that strong connection with the POTS community will remain central to who we are and what we do.

I would particularly like to acknowledge our Founder and CEO, Dr Marie-Claire Seeley, whose extraordinary commitment, energy and leadership have been fundamental to the Foundation's development. Marie-Claire's award of a Department of Health-sponsored Churchill Fellowship is both a significant personal achievement and an important opportunity for the Foundation and the wider POTS community. Her international work in advanced autonomic testing and education will bring valuable knowledge and connections back to Australia and contribute to our ambition for earlier diagnosis, better clinical capability and improved care.

"The Foundation's resources helped me confidently approach my GP with the right tools and get diagnosed locally—avoiding unnecessary travel to a specialist."

Participant Resources Survey

Message from the Chair cont'd

I also want to recognise Dr Celine Gallagher, our Scientific Chair and Director, for the enormous contribution she has made to the Foundation's research and scientific agenda. Celine has brought together scientific expertise and lived experience in a way that has helped shape both our research priorities and our broader advocacy. We congratulate her on her recent professional success and move to Queensland. While this represents an exciting new chapter for Celine, we are delighted that her expertise and commitment to the POTS community remain part of the Foundation.

The achievements of Marie-Claire and Celine also reflect something of which the Foundation can be particularly proud: the calibre of people who have chosen to contribute their expertise, experience and time to improving outcomes for people living with POTS.

With growth, however, comes responsibility. Strengthening the Foundation's financial and organisational sustainability will be an important focus as we enter our next five years. We need to ensure that the organisation has the capacity, resources and partnerships to support its expanding role while remaining resilient and effective for the long term.

Five years on, there is much to celebrate, but also much still to do. I am confident in the direction of the Australian POTS Foundation and excited about what we can achieve in the years ahead.

On behalf of the Board, I thank our staff and volunteers, researchers and healthcare professionals, partners, donors and supporters. Most importantly, I thank the POTS community for your trust, your contribution and your continued support. It is your experience and your voice that give purpose to our work and will continue to guide us into our next five years.



Catherine Cooper

Catherine Cooper
Chair of the Board

CEO Report 2026

Our fifth year has seen the Foundation respond to a growing POTS community, while continuing to work towards better support, earlier diagnosis and fairer access to care.

As more Australians learn about POTS, more people are reaching out to us for information and support. This year we have spent a lot of time looking at how we can better support that growing community. A key part of this has been developing peer support and mentoring programs with input from our Lived Experience Advisory Network (LEAN), and applying for funding to help us deliver them at scale and sustainably.

At the same time, we have continued to advocate for changes within the Australian health system. Our discussions with government have focused on the persistent barriers our community experiences, including delays in diagnosis, limited access to clinicians with appropriate expertise and the lack of equitable public treatment options. We continue to work with the Department of Health and other decision-makers to identify practical ways these gaps can be addressed.

My 2026 Churchill Fellowship provided an important opportunity to examine these challenges through an international lens. Sponsored by the federal Department of Health, I visited leading autonomic centres, clinicians, researchers and patient organisations to understand how other countries are approaching clinical care, workforce development, research and patient support. I also attended the Dysautonomia Residents Course in Florida with Australian doctors Dr Ahthavan Narendren and Dr Ainsley Goff, who were competitively selected and sponsored by the Australian POTS Foundation to attend. The course gave us valuable insight into an established model for building clinical expertise in autonomic medicine. We hope to build on this experience by establishing an Australian version of the course in the coming years, helping to grow much-needed autonomic expertise here at home.

My resulting Churchill Fellowship report sets out recommendations for improving POTS care in Australia. Importantly, I was able to present these findings directly to the Department of Health and to Assistant Minister for Health and Aged Care, the Hon Rebecca White MP.

These discussions have continued, particularly around the need to improve clinical pathways, develop workforce capability and provide more equitable access to appropriate care. This report can be found on the Winston Churchill Trust website: https://www.churchilltrust.com.au/fellow/marie-claire-seeley-sa-2025/



CEO Report cont'd

As we enter our sixth year, it feels like an exciting time of change for the Foundation. We are beginning to move from a small, entirely volunteer-run organisation to one with the people and capacity to spread and scale our work. Over the coming year, we will welcome new volunteers and contractors to the team, giving us more capacity to support our community and build on the work of the past five years.

There is change within our existing team too. We are thrilled that Dr Celine Gallagher's work in POTS has been recognised with her appointment as an Associate Professor at Griffith University. Celine has worked tirelessly as our Scientific Chair, with much of her research centred on the experiences and priorities of people living with POTS. While she will remain on our Board and continue as Scientific Chair, we will miss having her in Adelaide and are delighted that Queensland will now benefit from her expertise.

Finally, none of this would be possible without our volunteers, our LEAN and hardworking Board, and our community, who continue to support and shape what we do. Thank you for helping us reach this next stage.

Yours,
Marie-Claire



Jess Pratt (Dpt Health), Dr Marie-Claire Seeley, Fiona Matz (Churchill Trust) and Vanessa Burgess (Dpt Health)



Dr Marie-Claire Seeley, Dr Ainsley Goff and Dr Ahthavan Narendren

Research Update

Announcing ANZ-PULSE National POTS Registry



The ANZ-PULSE Registry was announced at the Australian POTS Foundation's five year anniversary dinner, held during Converge, with Her Excellency the Honourable Frances Adamson AC, Governor of South Australia, among the guests in attendance. The announcement was made jointly by Paul Flynn of The Hospital Research Foundation Group and David Waugh of Adelaide University, a fitting reflection of the partnership between the two institutions that has made this project possible.

ANZ-PULSE has received $300,000 over three years from The Hospital Research Foundation Group, a generous and important investment in POTS research in Australia that will let us build a national registry capturing real-world data on the lived experience of people affected by these conditions. That said, three years of funding is only the beginning. Establishing a registry of this scale, and keeping it running well beyond the life of this grant, will require further funding, and we will continue to seek additional partners and supporters to ensure ANZ-PULSE has a long-term future rather than a fixed end date.

Right now we are embarking on the long, careful process of co-designing the registry itself, working through what information should be collected and how it should be structured, so that it genuinely reflects the priorities of the community it is built for. As part of this we will be looking to recruit people from our community to help shape the registry from the ground up.

Once ethics approval is in place, our hope is to roll ANZ-PULSE out to multiple sites around Australia and eventually New Zealand, giving clinicians and researchers nationwide access to the kind of longitudinal data that has, until now, simply not existed for these conditions. We will keep our community updated as each stage progresses.



Her Excellency the Honourable Frances Adamson AC, Paul Flynn, David Waugh with Dr Marie-Claire Seeley

Growing POTS Research in Australia

Supporting and growing POTS research in Australia continues to be one of APF's core activities.

Over the last few years, we have supported three PhD researchers, Elena Christopoulos, Gemma Wilson and Olivia Powrie, through our PhD top-up scholarship program. Their research spans cerebral blood flow and orthostatic intolerance, earlier identification of POTS in emergency care, and tailored rehabilitation.

Throughout 2026, our scholars have presented at national and international conferences and contributed to a growing number of research publications. A special congratulations to Gemma, who received the prestigious Cardiac Society of Australia and New Zealand Dr Joseph Weddell Nursing Rising Star Award.

APF has also provided consumer involvement and support to 12 research projects and grant applications, helping ensure research reflects the priorities of people living with POTS. Our growing research network will also support ANZ-PULSE, our national POTS registry, strengthening Australian POTS research into the future.

2025–2026 Research Impact

3 PhD scholars supported

9 research publications

10+ conferences

5 research awards

12 research projects supported





Gemma Wilson receiving the Cardiac Society of Australia and New Zealand Dr Joseph Weddell Nursing Rising Star Award and presenting at the European Society of Cardiology meeting in Munich

Education



This year, the Australian POTS Foundation joined the HealthEd Women's and Children's Health Update tour across Queensland, New South Wales, Victoria, South Australia and Western Australia.

Across the five states, more than 8,000 GPs attended as Marie-Claire shared practical, evidence-based education on recognising, diagnosing, managing and treating POTS. The education was very well received, with the POTS lecture regularly rated by attendees as one of the most informative sessions of the day.

Together with our two previous sessions at HealthEd's General Practice Update, more than 10,000 GPs have now received face-to-face education on POTS through the Foundation's work over the past year.

Our stand in the industry hall was also popular. Thousands of resources were distributed, and we had valuable conversations with doctors keen to ask questions, learn more and improve the care they provide to people living with POTS.

Our work to support GPs also continued through Community HealthPathways. In 2025, Marie-Claire and Celine worked with the Western Victoria Primary Health Network to develop a Community HealthPathway for POTS.

Community HealthPathways are evidence-based, locally tailored online guides that help GPs assess, manage and refer patients within their community. They provide practical advice at the point of care and support a more consistent approach to diagnosis and treatment.

The POTS pathway was quickly recognised as a valuable resource and throughout 2026 it was adopted across 20 regional Community HealthPathways, covering 13 Primary Health Networks, six Australian states and territories, and New Zealand.



Together, these initiatives are helping more GPs recognise POTS earlier and provide informed, evidence-based care, regardless of where they practise.

Dr Celine Gallagher
HealthED

Converge 2026

Our third biennial conference, Converge 2026, was held in Adelaide on 4 and 5 June. It brought together people living with POTS, families, carers, clinicians, researchers and advocates for two days of learning, sharing and connection.

We were fortunate to have such a strong faculty of presenters across the two days. Our keynote lectures came from Professor David Putrino of the Icahn School of Medicine at Mount Sinai, who joined us virtually, and Dr Alexis Cutchins, who we were thrilled was able to travel from New York to join us in person. They were joined by a great line-up of Australian clinicians, researchers, and people with lived experience across both days.









All in all, Converge 2026 was a significant step forward for the Foundation in reach, engagement and impact. A big thank you goes to our speakers, sponsors and volunteers.

We are already planning Converge 2028. Watch this space.

Special thanks to Business Events Adelaide for their support

Business Events Adelaide

SOUTH AUSTRALIA

Government of South Australia
Department of the Premier and Cabinet



Board Member Ali Flynn with Ambassadors Sophie Scott & Tracey Spicer

Converge 2026

567

Total delegates (in person + virtual)

96%

of attendees rated presenter content and quality as Very Good/Excellent

98%

of attendees stated they would recommend the conference to a colleague

'This will be practice changing!' (NSW clinician)

'So great to be around other people who just get it. Lots of great discussions about complexities and management.' Delegate

'Fantastic content. All presenters were fabulous and clearly knew what they were talking about.' (SA clinician)

'It's been so refreshing to be seen and understood without having to explain what it means, or to minimise how I'm feeling to manage someone else's comfort.' Delegate

Stories From Our Community

‘When I was just twelve years old, I contracted Covid, and as a result developed POTS. I was really lucky that I was diagnosed within about a month - after numerous presentations to the emergency department. The whole situation was traumatic, especially as it was just as my city finally emerged from a harsh lockdown. My childhood had been shattered.

The ensuing years were tumultuous, having to navigate the system, whilst being faced with medical gaslighting. But I was filled with a fire - a fire to do whatever I can to ensure no one has to go through what I did. A fire to fight for change.

I joined as an inaugural member of the Australian POTS Foundation's Lived Experience Advisory Network. This empowered me with invaluable knowledge, and a clear direction to focus some of this fire. My drive led to me winning the Community Newspaper Association of Victoria's Best Article by Someone Under 18 category last year. An honour that pushed me to keep going.

So, in August of this year, four and a half years after my diagnosis, I was able to represent my local Federal electorate at the National Youth Parliament in Canberra. Equipped with my compressions, hydration salts, and lots of water, it was an exciting opportunity to defy the injustices of my life.

I got to meet so many incredible young people from around the country. I got to explore many cool places in the unfathomable world of Canberra. Many distinguished guests spoke to us including the Prime Minister! Most importantly to me was the opportunity to give POTS a platform in Youth Parliament.

It was such an incredible experience. One that has provided me with lifelong friends, empowered me to continue my fight to create change, and reminded me there is hope!’ Matthew







Her Excellency the Honourable Ms Sam Mostyn AC with Matthew in Canberra

Stories From Our Community

‘My name is Olivia Powrie, and I am an Accredited Exercise Physiologist. My passion for working clinically with POTS was sparked in 2023 when I met my first patient with POTS.

Walking alongside this patient on her rehabilitation journey allowed me to see the many hurdles people with POTS face in getting a diagnosis and accessing care in the public health system. It was clear that there was a need for change in the public health system to provide better support for people living with POTS. Addressing this problem has become the focus of my PhD, which I began last year.

My research involves integrating a tailored POTS program into existing services in the public health system in Queensland, in an effort to create opportunities for people living with POTS to access publicly funded care. So far, I have been trialling this approach at one site in Queensland. We are approaching the end of the trial, and the results so far are positive.

Over the coming months, we plan to trial the program at other sites across Queensland. If these results are also positive, I am hopeful that this will be a step towards ongoing implementation of the program that will improve access to publicly funded care for people with POTS.



Dr Celine Gallagher presenting Olivia Powrie with Winner of Best PhD Poster Award at Converge Conference 2026

I would like to thank the Australian POTS Foundation for supporting me to complete my PhD studies through the PhD Top-up Scholarship.

When I’m not working on my PhD or working clinically, I can often be found running. As a keen long-distance runner, I recently completed the Brisbane Marathon on the 7th of June 2026 and fundraised $1500 for the Australian POTS Foundation. I've run a few marathons now, and running to raise funds for a foundation, such as the Australian POTS Foundation, always makes crossing the finish line more meaningful.’

Olivia Powrie,
Accredited Exercise Physiologist and PhD Student

Stories From Our Community

‘My journey with POTS has been anything but linear. I’ve been an athlete for as long as I can remember, and sport was the foundation of my identity. But 30+ years of unexplained symptoms and repeated dismissals from specialists, the consequences of undiagnosed POTS finally caught up with me. I developed heart failure and left ventricular hypertrophy, conditions that abruptly ended my sporting career. It was a devastating loss but also marked the start of a long overdue search for answers.

In 2025, I received my POTS diagnosis; a moment that brought clarity to decades of confusion. As both a patient and a medical researcher, I felt driven to bridge the gap between lived experience and evidence based education. Wanting others to feel seen and supported, I began vlogging my experience on social media.

What began as small updates soon evolved into documenting my training for an Ironman 70.3. Taking on such a physically demanding challenge with a condition that affects blood flow, heart rate, and energy might seem counterintuitive, but for me it became a way to rebuild trust in my body and raise awareness of an often invisible illness. By sharing every high, low, crash, and comeback, I aim to show that strength isn’t defined by symptoms, it’s defined by persistence.

Through this journey, I’ve built an incredible community of like minded patients, clinicians, and supporters. My goal remains simple: to amplify patient voices, promote accurate information, and remind others that while POTS shapes our lives, it doesn’t have to limit our dreams.’

Nadine Smith









Stories From Our Community

Year 12 student Tayla Garwood from Tenison Woods College has shown extraordinary resilience while completing her SACE. Diagnosed with Postural Orthostatic Tachycardia Syndrome (POTS) in Year 11, Tayla managed significant symptoms, frequent absences and long distance travel – all while navigating a major family health crisis just weeks before her final exams.

With determination and strong support from her school and family, she graduated alongside her peers with outstanding results, including two A grades, three A+ grades, a SACE Merit for Religious Education, and an ATAR of 95.00.

Working closely with teachers, Tayla developed a flexible study plan that prioritised both health and learning. She credits open communication, self-advocacy, and pacing her workload to what she felt capable of each day as key to her success. Despite the unpredictability of POTS, Tayla remained focused on progress – even when progress was slower than planned.

Inspired by the support she received, Tayla initially accepted an early offer to study a Bachelor of Education (Primary) through Charles Sturt University but has since altered her career path to include helping others who also suffer from chronic illness. She is now studying fulltime to become a Clinical Exercise Physiologist through Charles Sturt University and has recently become a qualified Reformer Pilates Instructor. Her story is a powerful reminder that with understanding, flexibility, and community support, young people living with POTS can continue to pursue their goals and shape meaningful futures.



Advocacy & Government Engagement

Advocacy can be a slow process, but it is rewarding to see understanding of POTS gradually growing and change beginning to occur.

This year, we continued working with government to seek changes to the existing Medicare Benefits Schedule item for tilt-table testing, bringing it into line with current evidence and clinical practice. A tilt-table test is not required to diagnose POTS, and an active stand test is sufficient in most cases. However, many people are still referred for tilt testing and face excessive waiting times and significant out-of-pocket costs. Updating the existing item would improve access when tilt-table assessment is clinically appropriate.

We also resubmitted midodrine through the Australian Government's medicines repurposing program. Midodrine is one of the most commonly used medications for POTS and has been used safely for decades. However, as an older, off-patent medication, there is little commercial incentive for a pharmaceutical company to undertake the expensive process required to seek PBS listing.

Unfortunately, our submission was rejected for several reasons, including that midodrine is not currently registered specifically for POTS in other comparable jurisdictions. The medicines repurposing program has now ended, with only a small number of medications successfully progressing through the demanding process.

The Foundation has called on the Australian Government to consider a better pathway for medications such as midodrine, which are well established, widely used and of known benefit, but lack a commercial sponsor. Without such a pathway, people with POTS continue to face inequitable access to treatment based on their capacity to pay.

Throughout the year, we continued meeting with senators, Members of Parliament and government representatives to keep POTS on the national health agenda. Marie-Claire was also invited to participate in two Ministerial Roundtables on Women's Cardiovascular Health, both as a consumer representative and an expert in women's cardiac disorders. Assistant Minister for Health Rebecca White has expressed a strong commitment to improving women's health. Each of these conversations builds understanding and moves us a little closer to better recognition, access and care for people living with POTS.



Dr Marie-Claire Seeley &
Dr Celine Gallagher APF
Scientific Chair



Liz Develin (Department of Health)
Cindy McCall (International Heart
Spasm Alliance) &
Dr Marie-Claire Seeley



Sarah Ford (SCAD Research Inc).
with Dr Marie-Claire Seeley

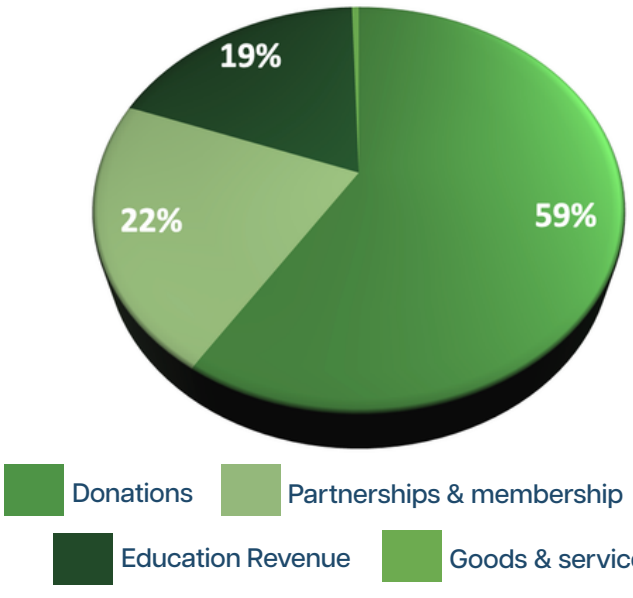
Finance Report

We are pleased to report that APF finished the financial year in a strong financial position. Our support continues to come from philanthropic donors and our generous community, and it is this support that makes our work possible. Their giving funds our research, advocacy efforts, education, and community programs, the heart of everything we do for people living with POTS.

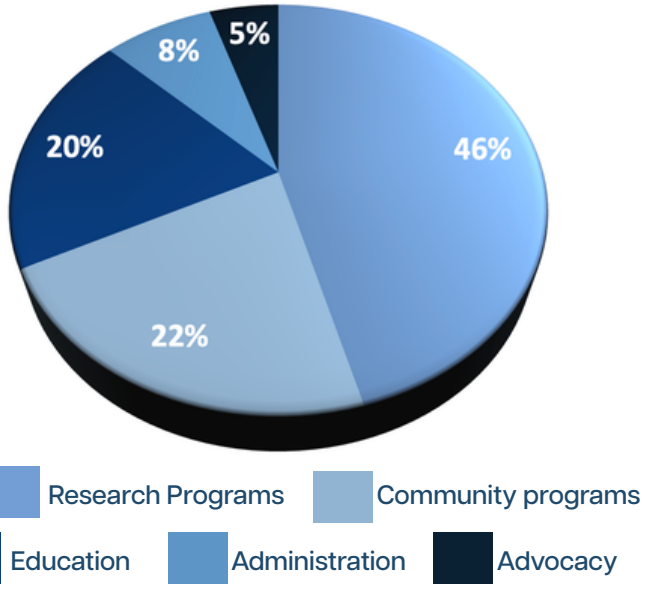
We have remained a volunteer-based organisation since our founding, with our team giving their time and expertise because they believe in this cause. As demand for our programs continues to grow, we are rapidly approaching a point where we will need to consider bringing on paid staff to keep pace and continue serving our community well. In order to be able to do this, we will need to ensure more stable funding through government and community grants. For this reason, we continue to apply for a variety of funding programs. While the success rate of these schemes is very low, we remain confident in our mission and strategy to improve care for individuals with POTS. We are also proud that we are able to keep our administrative costs low, so that as much as possible goes directly back into the programs that matter most. None of what we do would be possible without the generosity of our community, and we are deeply grateful for it.

Total Revenue:	$331,094
Total Expenses:	$264,447

Revenue FY2026



Expenses FY2026



Our Team



Dr Marie-Claire Seeley
Founder/Director/CEO



Catherine Cooper
Director/Chairperson



Nick Baldock
Director/Secretary



Amanda Burgan
Director



Dr Celine Gallagher
Director/Scientific Chair



Jon Seeley
Founder/Director



Ali Flynn
Director



Professor Dennis Lau
Scientific Committee



Dr Fraser Burling
Scientific Committee



Dr Michelle Scoullar
Scientific Committee



Dr Kate Anderson
Scientific Committee



Dr Emma Tippett
Scientific Committee



Caelum Schild
Scientific Committee



Tracey Spicer
Ambassador



Sophie Scott
Ambassador



Emma-Louise Wilson
Ambassador



Claire Clark
Community Engagement Officer



Gemma Wilson
ANZ-PULSE Research Assistant



Deb Bourne
Research and Education Program Coordinator



Janna Romeo
Assistant to the CEO



Yasmin O'Brien
Assistant to the Board

Help Us Drive Change for the POTS Community

Your contribution fuels real progress in research, education, and advocacy for those living with Postural Orthostatic Tachycardia Syndrome (POTS) in Australia. Every donation, small or large, brings us closer to a future where timely diagnosis, equitable care, and empowered voices are the norm.

Every dollar you donate goes directly to our core activities: advancing research, improving clinician education, providing community resources, advocating for health policy reform, and developing vital resources for those with lived experience.

Ways to Donate:

Online via credit card: potsfoundation.org.au/donate

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The Australian POTS Foundation
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Account: 153 059 214

Scan the QR Code to give quickly and securely.

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If you're interested in supporting a specific research project or resource development initiative, please contact us directly to ensure your gift is used for maximum impact.

Australian POTS Foundation

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